

Roll No.:

THEORY SPECIAL SUPPLEMENTARY/RE-APPEAR EXAMINATION NOV-2021

Program:	B.Sc.(HA)	Year/Semester:	6th Semester
Course/Subject:	Ayurveda cooking	Duration:	03:00 Hrs.
Course/Subject Code:	07120606	Maximum Marks:	60
		Batch:	2018

Instructions: -

1. Write Your Roll No. on the Question Paper.
2. Candidate should ensure that they have been provided correct question paper. Complaint(s) in this regard, if any should be made within 15 minutes of the commencement of the exam. No complaint(s) will be entertained thereafter.
3. All Questions are compulsory. Marks are indicated against each question.
4. Illustrate your answer with diagram wherever required.

SECTION-A

(Very Short Answer Type Questions)

Note: All Questions are compulsory: -

[12X1=12]

S. No.	Question	Marks Allotted
	Write two-line answer on the following terms:	
1	Define Ayurveda?	1
2	What do you mean by healthy food?	1
3	What Yam vegetable?	1
4	Write two benefits of tofu.	1
5	What is coconut rice pudding?	1
6	What is Ayurveda cooking?	1
7	Ayurveda is taken from which Veda?	1
8	What is Punch Mahabhutas?	1
9	Write two food which give iron to the body.	1
10	What is Dosas?	1
11	Write the function of salt in body.	1
12	Why we take the ayurvedic medicine?	1

SECTION-B
(Short Answer Type Questions)

Note: All Questions are compulsory: -

[4X2=8]

S. No.	Question	Marks Allotted
13	Write the characteristics of Ayurveda cooking.	2
14	How Ayurveda cooking is beneficial to the people?	2
15	Write two dishes' names of Ayurveda cooking.	2
16	Vat, Pitta and Cough is belonging to?	2

SECTION-C
(Descriptive Answer Type Questions)

Note: All Questions are compulsory: -

[4X4=16]

S. No.	Question	Marks Allotted
17	What healthy pitta creates ? explain.	4
18	Explain the heavy foods for human body. Give suitable examples.	4
19	Explain the demerits of consuming bad quality oil in the daily diet.	4
20	Explain the six tastes sensations of our world.	4

SECTION-D
(Long Answer Type Questions)

Note: All Questions are compulsory: -

[4X6=24]

S. No.	Question	Marks Allotted
21	Explain the rough food. Why do we need more chewing for rough food, give suitable examples?	6
22	Explain the benefits and demerits of liquids foods in their daily diet.	6
23	Explain the different types of foods which are beneficial in diabetic.	6
24	Explain in detail the different types of foods to be eaten in summer, spring and winter season .	6